

MEDICATIONS & ALLERGY TESTS



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MEDICATIONS & ALLERGY TESTS

There are many different allergy medications that will affect skin testing. If you are taking something NOT on this list and you are not sure, please call the office. DO NOT STOP taking your asthma or other routine medications, such as medications that treat blood pressure, diabetes, etc.

ANTIHISTAMINES - Discontinue **7 days** prior to your testing appointment:

Allegra or Allegra D (fexofenadine)	Optivar (azelastine) eye drop
Antivert (meclizine)	Periactin (cyproheptadine)
Astelin nasal spray (azelastine)	Phenergan (promethazine)
Atarax (hydroxyzine HCL)	Vistaril (hydroxyzine)
Clarinex (desloratadine)	Xyzal (levocetirizine)
Claritin or Claritin D (loratadine)	Zyrtec or Zyrtec D (cetirizine)
Clemastine (tavist)	Hismanal (astemizole)
Doxepin	

COLD & FLU MEDICATIONS - Discontinue **3 days** prior to your testing appointment.

Read the ingredient labels on all medications, particularly over the counter sinus, cold or flu medication for any of the following ingredients:

Acrivastine	Chlorpheniramine
Azatadine	Diphenhydramine
Benadryl	Methscopolamine
Brompheniramine	Phenindamine
Carbinoxamine	Pyrilamine

EYE DROPS - Discontinue **3 days** prior to your testing appointment:

Alomide eye drop	Pataday	Optron-A eye drop
Livosten eye drop	Pazeo	Patanol eye drop
Naphcon-A eye drop		Visine

ANTIDEPRESSANTS - Discontinue **7 days** prior to your testing appointment.

Amitriptyline	Imipramine	Nortriptyline
Clomipramine	Desipramine	Protriptyline
Doxepin		

HERBAL SUPPLEMENTS - Discontinue **3 days** prior to testing appointment.

Licorice - Green Tea - Saw Palmetto - St. John's Wort - Feverfew

PREDNISONE should NOT be taken **3 days** prior to testing.